



Darji Voice

17th Edition

September 2013

Message from President

Jai Shri Krishna

This year marks **20 years** since the acquisition of our **Mandal's land** at Palmers Green, London. We congratulate and thank all the hard working committee members for their determination and foresight of successfully obtaining the grounds on which we now have our **Darji Community hall**.

Our resolution at the beginning of **2013** was to raise money for other charities. We want to thank all the nine brave and fearless sky-divers, **Yatish Narandas, Hemisha Narandas, Neemesh Narandas, Rameshbhai Tailor, Jyoti Tailor, Jai Prakash Tailor, Divya Tailor, Roopa Patel** and lastly **myself**, who took part in our fundraising event held in **Cambridge on 6th July 2013**. It was a glorious summer day, and the skydive was absolutely mind-blowing. Everyone enjoyed falling through space and landed safely back on earth. Together, the skydive team have raised a total fund of **£7625**, this will be donated to the charities listed below:

£1000 to Adivasi Sanskar Mandal (Gandevi, Gujarat) a school providing free education for children of poor families.

£1001 to Uttarakhand flood victims,

£921 to Child Hope, £551 to Samuh Lagna (Navsari, India),

£800 to St. James Day Care Centre (Orphanage, Trinidad & Tobago),

£1633 to WaterAid, £1719 to Stroke Association.



Navratri

Following last year's success, **DMMUK** is pleased to announce the celebration of the **Navratri Festival 2013**, to be held at **The Darji Hall**. Why not relive the amazing festivities enjoyed during the previous years. Music this year is provided by the same band as last year, **Chhaya Parag**, which was enjoyed thoroughly by all. Entry to this year's **Navratri** is made simple and easy. Tickets are just **£1.00** per day, except on **Aatham (12th Oct)** it will be **£3.00** for everyone (**children under 5 will be free**), payable on the door - simply pay as you come on the day to the event. For the **Mandal** this will reduce a huge administration task in preparing the season passes and scanning them on the day. This may not generate the same amount of revenue as from previous year, but we feel we are currently in a positive position where we can give something back to the community.

Over the past year, we have organised a variety of fun filled events. The success of these events depends on your support, participation and attendance. To keep updated on what's happening at **The Darji Community Hall**, please check our calendar for forthcoming events. You can also keep posted by visiting our website: www.darjimandal.org.uk, or Facebook page at <https://www.facebook.com/darjimandaluk> or follow us on Twitter **@DMMUK**.

We wish to thank everyone for their continuing support and hope to see you all at our, **Havan and Bhajan. Navratri and Diwali get-together.**

Shila Tailor, President



To help raise awareness of the Mandal we want to hear your news - **Matrimonial, Births, Achievements.**

To give us your feedback and receive new issues regularly, please send your details by email to

darjivoice@darjimandal.org.uk

The Darji Voice is published about three times a year and is distributed to the community throughout UK.

Notice Board

Congratulations to Ratilalbai and Shantaben Tailor who exchanged rings to mark their platinum wedding anniversary (70 years). Shantaben said the key to a happy marriage was 'mutual respect and understanding, compassion and affection for each other' – as well as the royal seal of approval.

Ratilalbai added: "We were delighted to receive a beautiful card on both our diamond and now our



'Congratulations to Mr Natwarlal Haribhai Tailor and Mrs Nirmalaben Narwarlal Tailor who celebrated their 50th Wedding Anniversary on 27th April, 2013. Their anniversary was celebrated with a surprise party, organised by their children and grandchildren, where many of their family and friends helped make the day special for them.

Pradip, Arti, Sunil, Bhavna, Yogesh, Karishma, Dilan, Maya, Anand, Jayna, Umisha, Demian and Sophia would like to say that 'we love you very much' and to continue to enrich our lives for many

'Congratulations to Dr Hema Merai MBChB on your graduation! Wishing you all the best as a junior doctor in West Wales General Hospital, Carmarthen.'



Thank you

Over the last few months (April 2013 to July 2013) we have received a good number of donations, especially during

Over £500.00

Narabadaben Dullabhai Hari
Natalwala Family & Friends
Prabhudas and Rukshmaniben Tailor

Over £100.00 less than £150.00

Naginbhai Kalidas

Over £50.00 less than £100.00

Manjulaben Dinesh Chikhli
Taraben Darji & Family
Thanawala & Family
Urmilaben N Bulsara

Upto £50.00

Ambelal Jeram Bhagat
Amratlal & Urmilaben Degamia
Anant Kalan
Arvinbhai C Tailor
Arvinbhai Tailor
Babubhai (Pursotambhai) C Tailor
Bhanuben H Tailor
Bhagwandas Narotam Gaiwala
Bharatbhai L Tailor

Others:

Upto £50.00 contd ...

Bhikhubhai B Tailor
Bhukhanbhai & Vijayaben Tailor
Bhupendra N Narandas
Chanchalben Haribhai Kapadia
Chandrakant Tailor
Chhotalal C Tailor
Chhotubhai Kanji Tailor
Chimanlal C Tailor
Chabilbhai Tailor
D Taylor
Dalubhai Tailor
Dayabhai J Tailor
Dhirajlal & Ramilaben Tailor
Dilip Bhagalia
Dilip Nagindas Tailor
Dinker Navsaria
Gulabdas Fakirbhai
Harkishan D Darji
Harshadray Bilimoria
Hasmukh & Kalavati Tailor
J Merai & Family
Jagdish Bulsara

Upto £50.00 contd ...

Jayaben Tailor
Jayantibhai Bharucha
Jayantibhai J Tailor
Jayantibhai Naran
Jyotiben & Shantilal Tailor
Kalavatiben Darji
Kamlaben Dalpatbhai Topiwala
Kantibhai I Motorwala
Kantibhai M Jivan
Kantibhai Tailor
Kantilal R Topiwala
Kantilal Tailor
Kaushalyaben Topiwala
Kishor Mohanbhai Tailor
Lalitaben C Tailor
Madhuben N Bhagalia
Madhuben N Tailor
Madhusudan N. Bulsara
Manhar K Tailor
Mansukh Chhaganlal Tailor
Mohanbhai Govindbhai Tailor-
Mohanlal D Tailor

Upto £50.00 contd ...

Naginbhai Tailor
Nagindas L Merai
Narbadaben Tailor
Natubhai Nagindas Tailor
Nirmala Taylor
Pradumanbhai J Tailor
Praful Jivan
Pramod Chikhalia
Pravinbhai V Tailor
Ramesh D Tailor
Ranjan Tailor
Rasiklal K Tailor
Ratilal D Tailor
Sarad & Ramila Tailor
Shantaben Tailor
Shantilal Tailor
Taraben Tailor
Thakor Jekison Darji
Thakorbhai Jagjivan Tailor
Thakorbhai Pranjivan Govan
Vinodbhai B Tailor
Vasantiben N Tailor



DMMUK is now on the social network media! Like our FB page on <http://www.facebook.com/darjimandaluk> to raise your opinions, stay in touch with the community and know who is attending the events! Or follow us @DMMUK



Mongol Rally

We are Team 'Paint it Yak', currently consisting of **Umar and Milan**, two old university friends who have decided to do one of the most dangerous motoring adventures known to man: **Driving to Mongolia** in a 1.2 litre car with no planned route and no support as part of the **Mongol Rally 2013!**

You might be thinking, why? Well, we are doing this to raise money for our chosen charity, **WaterAid**. **WaterAid** toils away each year to provide the world's poorest communities with clean water and improved sanitation. We want to be part of this cause and



For every mile out of the **10,000** we face, we hope to be raising **50p**. It's not a hard task and if we do it, for every 120 miles we drive, **WaterAid** can provide a village with a rain-harvesting jar. So, if we make it there and reach our donation target of **£5000**, we can help **WaterAid** provide safe drinking water to 83 communities, who previously used dirty sources, causing death and disease.

We would be so grateful if you could make a donation to help us achieve our target. Donating through **JustGiving** <http://www.justgiving.com/paintityak> is simple, fast and totally secure. Your details are safe with **JustGiving** – they'll never sell them on or send unwanted emails. Once you donate, they'll send your money directly to the charity and make sure **Gift Aid** is reclaimed on every eligible donation by a UK taxpayer so please make sure you read it all carefully and check the correct boxes! So please dig deep and donate now.

Visit our website for more details on the crazy team, the rally and our beloved car **Penelope**: <http://www.paintityak.com>.

Don't forget to follow us on **Twitter** @PaintitYak and like our Facebook page <https://www.facebook.com/paintityak> to track our epic journey starting next week!

Milan Tailor

In Memory of Faridaben Tailor - a generous philanthropist

Farida Tailor, wife of **Rameshbhai Tailor (Luton)**, and mother of **Seema and Vijay Tailor**, sadly passed away on the **31st January**. **Farida** was an extremely giving person, and dedicated much of her life to helping those less fortunate. Not only did she work as a nurse for 42 years, **Farida** was also an active supporter of several charities, such as **Hare Field Heart Hospital** and **Race for Life**. In 2004, **Farida** even joined a **Mt Everest** base camp trek lasting 18 days in aid of the **Anthony Nolan Trust**, for those affected by leukaemia. Over the years, to raise money for breast cancer research, **Farida** also participated in several 26 mile '**MoonWalk**'s. Her generosity also expanded to orphanages and schools in Africa and India.

Farida's family continue to keep her charitable and generous nature alive. In the memory of his wife, **Rameshbhai Tailor** took part in the **DMMUK's** skydive to raise funds for an orphanage in **Farida's** homeland, **Trinidad and Tobago**.



Email List

We have just under 600 email addresses in main emailing list and **we would like to extend this list** to cover as many community members as we can, as this **method of communication** has proven to be successful over the last year or so.

We send out emails regarding our own events and any general news to keep the community updated; but has really helped to inform everyone of any deaths in the community. With modern smart phones & tablets, most people are able to receive the community news on the go



60+ Dinner

This popular annual event was well attended this year too. Delicious food and drinks made the event a great social gathering for the attendees. Shawls were distributed like every year to all those who reached 75 and to guests from abroad. The event was self funded by the generous donations. Committee members and more importantly volunteers worked hard preparing the food from the night before.



Leeds Castle Coach Trip

Another coach trip this time to a historic monument. A picnic in the serene surroundings on cold food day (satam) was the highlight of this trip.



Friday Club

Rajesh Khanna nite was a hit with live music and barbecued chicken. A houseful attendance, with not just Darjis, but also Khatri and Patels, made the evening lively. Next Friday club will be held in March due to various events in the coming months. Look out for the special theme and book ahead. Booking to this popular evening is now done online at www.darjimandal.org.uk



Darji Vs Khatri Cricket Match

A great day out. The Khatri community outnumbered the Darjis, both, in number of people and the final score. Hopefully we can settle the score next year.



AGM

This year AGM had a discouraging attendance like previous years. The committee strives hard for support from the community. This is an event when we look forward to your feedback and help us make important decisions on our finance and building.

New Rules on Larger Home Extensions

On **9th May**, the Government announced changes to the regulations governing the depth of single storey rear extensions which can be built as permitted development. These changes will come into effect on **May 30th 2013**.

For a period of three years between **30th May 2013 and 30th May 2016**, it will be possible to build larger single storey rear extensions. **For detached houses**, this will mean the depth of extensions could increase from **4 metres to 8 metres** and for **semi-detached and terraced houses**; this depth could increase from **3 metres to 6 metres**.

Before being able to build to these extra depths, there is a neighbour notification process and the home owner must notify the Council before the development commences in order that all neighbours can be consulted. Council have created a **pro-forma** for owners to use for this purpose and a set of application requirements.

Notifications will be available to view on the **Councils on-line planning register**.

If any adjoining occupier raises an objection within the **21 day notification period**, it will be for the Council to determine whether the proposal impacts on the amenity of any neighbouring occupiers.

If there is no objection, it may be possible to build the extension to the depth proposed. However, the extension must still comply with all the other limitations and conditions which apply to rear extensions as set out in **Class A of the Town and Country Planning General Permitted Development Order**.

In addition, to benefit from these rights, the extension must be built in accordance with the details provided to the Council and completed before **30th May 2016**.

These new regulations will **not** apply to properties in conservation areas, converted into flats or those which are subject to conditions on previous planning permissions restricting permitted development rights.

Girish Tailor

Membership Cards

Are you either a **DMM life member** or a **DMM senior citizen member (men over 65yrs or women over 60yrs)** but don't have a **photo membership card**? If so please:

- Take a **"passport style" digital** photo (head & shoulder shot, just of you – not as part of a group).
- Send it to **membership@darjimandal.org.uk**, with your full name, postal address and contact details
- Once we receive your photo with details, we will print the card and then contact you to arrange collection.

We are currently updating our membership records and want to make sure all members have the benefit of having a photo membership card. With this card, all members will gain by becoming eligible for discounts. We issued limited membership cards in the past but now want to extend this to the whole of the **DMM community**.

Business Support

We also want to build **benefits for our DMM members AND support businesses within the Darji community**. Therefore we are looking for **Darji businesses** to offer discounts or special offers for **DMM members** (on presentation of a valid membership card). In order to do this we will firstly need to make everyone aware of all the different businesses within the community.

Do you manage a business or are a business owner?

Pictures from the Darji Sky-Dive!



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Contact: Marcin 07809 872 964 or e-mail: marcinkurdzialek@googlemail.com

Accounts

(Awaiting audit report) for the year ending 31/03/2013.

Full audited accounts for that year will be available on our website www.darjimandal.org.uk.

Summary accounts for the year	31/03/2013	31/03/2012
Income		
Hire of Darji Pavilion	63,830	68,550
Donations, members fees and gift aid relief	7,402	3,846
Religious functions	1,154	3,701
Social functions	5,360	4,160
Investment income	2,138	2,172
Others	167	5
	80,051	82,434
Less: Expenses		
Darji Pavilion interest and running costs	(37,823)	(44,525)
Management and administration	(8,634)	(9,161)
Net profit for the year	46,457	53,686
Balance Sheet		
Assets		
Fixed assets	651,324	648,354
Debtors	-	1,581
Cash at bank and in hand	111,039	120,599
	762,363	770,534
Less: Liabilities		
Bank loan	(100,760)	(134,416)
Members loans	(1,000)	(1,000)
Darji Pavilion deposits & rents received in advance	(13,370)	(21,420)
Other creditors and accruals	(3,533)	(3,592)
Net assets	643,700	610,106

Change/New Address

We currently have **1,130 postal address** but we are sure we are missing a number of families from our database. Therefore can we please request you check with your close family members to confirm they are receiving the **DMM mailers**; especially as children move to their own homes or get married. Please send any changes or new addresses to directory@darjimandal.org.uk; or contact us on the same email to check your details.

Our last **Darji Directory** was printed in **2006** and we need to ensure

Calender of Events for 2013

Havan & Bhajan	Sunday	22 nd Sept 2013
Navratri		5 th - 14 th Oct 2013
Sharad Purnima	Friday	18 th Oct 2013
Diwali & Nutan Celebration	Saturday	9 th Nov 2013
Children's Xmas Party	Saturday	14 th Dec 2013
New Year's Eve	Tuesday	31 st Dec 2013

Calender of Proposed Events for 2014

Meat Party	Sunday	2 nd Feb 2014
Friday Club	Friday	28 th Mar 2014
AGM	Sunday	6 th Apr 2014

Please check our website, www.darjimandal.org.uk, for details of all forthcoming events and **Friday Clubs**. Remember to book by the **Wednesday before the Friday Club**.

So how much do YOU know about DIABETES?

Diabetes, short for Diabetes mellitus, is a chronic, i.e. a long term, illness that affects the level of glucose (sugar) in your blood. In uncontrolled diabetes, your blood glucose levels become too high. This is harmful because it means that the cells in your body cannot use the glucose to release energy.

Did you know that diabetes is the **fastest growing chronic condition** in the UK, with 1 new case diagnosed every 3 minutes?

What causes diabetes?

Normally, a gland behind the stomach called the pancreas produces a hormone called insulin. The insulin helps your body cells to take in glucose from your blood. The glucose is then broken down to release energy, which is required to drive your body's metabolic processes. Diabetes is caused when the cells in your body are no longer adequately taking up the glucose in your blood. This may happen because of 2 reasons:

- In **Type 1 diabetes**, the pancreas stops producing insulin altogether. People with Type 1 diabetes need insulin injections for the rest of their life.
- In **Type 2 diabetes**, body cells become desensitised to insulin. Eventually the pancreas may also stop producing insulin. This type of diabetes is more common and is often associated with obesity. It can be

Risk factors for type 2 diabetes

You are more likely to develop type 2 diabetes if you:

- are over 40 years old
- have a relative with the condition

Did you even know that **South Asians** living in the UK are **6X more likely** to have diabetes, than White European people?

What are the symptoms of diabetes?

Around 2.78 million people in the UK are diagnosed with diabetes, but it is estimated that there are a further 1 million people with the illness that are unaware. You should check if you have diabetes if you notice these symptoms:



If diabetes goes untreated in the long term, there can be very serious problems!

- Foot problems such as foot ulcers leading to amputation
- Kidney damage leading to kidney failure
- Cardiovascular disease leading to increased risk of stroke and heart attack
- Blindness



The best treatment is prevention!

While diabetes is a condition that can be managed by insulin injections and medication, we can prevent its onset itself by being more aware of the risk factors we can control.

WEIGHT AND CHOLESTEROL LEVELS: Type 2 diabetes is very commonly associated with obesity - of the people with type 2 diabetes around 80-90% are obese! Eating a healthy, balanced diet will avoid the problems of obesity. It is important to control the amount of fat, cholesterol and carbohydrates consumed.

Yes, this does mean cut down on the fried food!

PHYSICAL ACTIVITY: This can help you control your weight, and it uses up glucose as energy and also makes your cells more sensitive to insulin. Exercising less than 3X a week can increase your risk of type 2 diabetes. So, instead of sitting and watching your daily soaps, or even your serials on Star Plus, get up and go for a jog or walk!

BLOOD PRESSURE: Having a blood pressure of over 140/90mmHg is associated with an increased risk of type 2 diabetes. You can prevent your blood pressure from rising by reducing salt intake, lowering alcohol consumption and also by eating a healthy, well balanced diet.

Or even that **8/10 cases** of diabetes can be delayed or prevented?

Marathon Man Round 2

It's that time again, I have taken the challenge of the **London 2014 Marathon** following my success with the **Edinburgh Marathon in 2010**. I hear you all go has he gone ma..! I was proud to raise **£7000** in 2010, the funds raised were distributed to **Stroke Association** and **DMMUK**.

I am asking for your support once more for this mammoth task ahead of me. The training has begun for the 26.2 miles; I will be running to raise money for the following charities **NSPCC**, **WaterAid** and **DMMUK building fund**.

I urge you all to dig deep into your pockets for these important charities who will benefit greatly from your support and contribution.

For details of my run and how to sponsor me log on to www.darjimandal.org.uk/events.

Bharat Tailor



JAI SHREE SANTOSHI MAA

Dear All Mataji's Bhaktas

You are cordially invited to attend the **Grand Opening Ceremony of Shree Santoshi Mataji's New Mandir in Moviya, India**, scheduled to take place on **21st to 23rd November 2013**.

Moviya is **Maa Santoshi's Pragatya Bhumi** as she appeared on this land about 250 years ago and is 10 minutes from **Gondal**. The Temple's motto is "**Service to Humans and Animals is Service to God**". The Institute performs many activities such as

- **Mataji's Katha-Varta** on every Friday and **Vrat ujjawanu** (celebration upon completion of vrat) on behalf of devotees
- **Shri Randal Mataji's Lota, Shri Vaibhavlaxmi Vrut puja** celebration
- **Shri Satyanarayan's katha puja, Yagna**
- **Brahmin feast, Kumarika feast and Saubhagyavati** feast as per the devotee's will and wish
- **Navratri Ras Garba** are organised every year at the temple
- Provides grass for the cows and grain seeds to pigeons and sparrows every day
- **Free books to children** • **Samuh Lagna** (group marriage)
- **Netra Yagna** (eye camp), and **Diagnosis camps** for different diseases.

The Institute has also built an **NRI Bhavan**, consisting of 15 air-conditioned rooms with European style toilets, to cater for devotees from overseas at no cost.

The ceremony is a lifetime opportunity. If you are unable to attend, you can still participate by donating generously.

For further information on the **Maha Utsav**, sponsorship of any part of the event, donations or guidance on remittance please contact the organisers:

Shree Chandreshbhai Niranjani - Email: cbniranjani@gmail.com Mobile: 0091 94272 69870

Shrimati Meenaben Niranjani - Mobile: 0091 99253 37463

Address: **Shree Santoshi Mataji Mandir, at Moviya, Via Gondal, Dist. Rajkot, Gujarat. Pin 360330, India.**

Phone number: 0091 2825 281450

Obituaries

Since the last publication of Darji Voice in March 2013, the DMM of UK was informed of the passing away of the following community members in the UK. The DMM of UK sends their condolences and sympathies to their families

Names	Date Passed Away
Mrs Kanchanben Ambalal Bhagalia of Hendon, London	14 th March 2013
Mr Venilal Bhagwandas Tailor of Luton	19 th April 2013
Mrs Maliben Bhagwandas Jivan Tailor of Luton	23 rd April 2013
Mr Navinchandra Ranchod Bulsara of Southall, Middlesex	27 th June 2013

If you would like the name of your beloved family member to be included in the Darji Voice, please forward all the details to **Thakorbbhai Bhagat** (info@darjimandal.org.uk). This is open to all the members of the Darji community in the UK. If you wish to place memorials in the future issues, please contact

Thakorbbhai Bhagat for details.